

# The 9<sup>th</sup> ENSP European Conference on Tobacco Control

October 22-24, 2024

Athens, Greece



**ECTC**  
European Conference  
on Tobacco Control

## Programme

### Organizer



**ENSP**  
European Network  
for Smoking and Tobacco Prevention

### Co-Organizers



HELLENIC REPUBLIC  
National and Kapodistrian  
University of Athens



ΕΛΛΗΝΙΚΗ ΑΝΤΙΚΑΠΚΙΝΙΚΗ ΕΤΑΙΡΕΙΑ  
HELLENIC CANCER SOCIETY



Youth Health  
Organization  
INTERNATIONAL



ERS  
EUROPEAN  
RESPIRATORY  
SOCIETY  
every breath counts

150  
YEARS  
OF HISTORY  
1875 - 2025



100  
YEARS  
IN GREECE  
1923 - 2023



ATHENS COLLEGE  
Hellenic-American Educational Foundation  
Kindergarten • Elementary • Junior High • High  
ATHENS COLLEGE • PSYCHIC COLLEGE • KINDERGARTEN J. M. CARRAS

[ensp-ectc.org](http://ensp-ectc.org)



## Honorary President of the 9th ENSP - ECTC: Behrakis Panagiotis

### Organizing Committee: Co-Chairs

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Cornel Radu-Loghin  
Filopoulos Evangelos

### Members

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Al Gouhmani Hani  
Girvalaki Charis  
Katsaounou Paraskevi  
Lamprou Angeliki  
Mocanu Karina Mihaela  
Vardavas Konstantinos  
Vasileiou Kostas

### Scientific Committee: Co- Chairs:

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Florin Dumitru Mihaltan  
Hadjichristodoulou Christakis

### Members

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Chatzis Tasos  
Clancy Luke  
Evangelopoulou Vaso  
Filippidis Filippos  
Miriantheus Pavlos  
Przewozniak Krzysztof  
Rachiotis George  
Trofor Antigona  
Tsikrika Mata  
Tzortzi Anna

### Local Organizing Committee Co- Chairs:

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Koukia Evmorfia  
Stoufi Eleana

### Members

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Behraki Venia  
Kanellopoulou Anna  
Korakianiti Christina  
Mangoulia Polixeni  
Moraiti Maria

### ENSP Board Members

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Florin Dumitru Mihaltan  
Danielle van Kalmthout  
Raquel Fernandez Megina  
Maria Sofia Cattaruzza  
Loic Josseran  
Luke Clancy  
Krzysztof Przewozniak



**Youth Health Organization**

and



**European Network for Smoking and Tobacco Prevention**

Advanced youth school on Health Policy and Advocacy on Non-Communicable Diseases  
(with focus on Tobacco Control)

<https://yho.network/events/advanced-youth-tobacco-policy-advocacy-school-mastering-eu-level-lobbying/>

## DAY 1: 22 October 2024

**Venue:** The Great Hall of the National and Kapodistrian University of Athens

**14:00-16:30: Registrations**

**16:30-18:30: Pre-conference session:**

### *"Smoking cessation and pharmacological treatment: current needs and future challenges"*

**Chairs:** Paraskevi Katsaounou and Krzysztof Przewozniak

Global look at needs and challenges in smoking cessation	<b>Sofia Ravara</b>
Nicotine Replacement Therapies	<b>Sophia Papadakis</b>
Cytisine: it's pharmacological and treatment scheme characteristics	<b>Ioanna Mitrouskaa</b>
Cytisine in smoking cessation: its role in tobacco control in Central and Eastern Europe	<b>Witold Antoni Zatonski, Kinga Janik-Konieczna, Krzysztof Przewozniak</b>
The Italian experience of using cytidine in smoking cessation	<b>Maria Sofia Cattaruzza</b>
Cytidine's safety, efficacy and cost-effectiveness in smoking cessation: a brief summary of clinical and pharmacoeconomic study results	<b>Krzysztof Przewozniak</b>

**Discussions**

**19:30-20:30: Opening Ceremony and ENSP Awards**

<https://www.youtube.com/live/ZHTrRgsBLGo>

**Chairs:** Evmorfia Koukia and Cornel Radu Loghin

Opening remarks	<b>Efstathios Efstathopoulos</b> Vice Rector of Research and Innovation, National and Kapodistrian University of Athens
Introductory speech	<b>Evmorfia Koukia</b> Director of the laboratory "Nursing Counselling and Psychoeducation of Mental Health Patients and Carers, Nursing School, National and Kapodistrian University of Athens
Introductory remarks	<b>Dimitrios Vartzopoulos</b> Vice Minister of Health, Greece <b>Christos Hadjichristodoulou</b> President of the National Public Health Organization <b>Gauden Galea</b> Strategic Adviser to the WHO Europe Regional Director, Special Initiative on NCDs and Innovation (recorded message) <b>Evangelos Filopoulos</b> President of the Hellenic Cancer Society <b>Florin Mihaltan</b> President of the European Network for Smoking and Tobacco Prevention <b>Dominique Nguyen</b> Technical Officer - Secretariat of the WHO FCTC <b>Pavlos Miriantheus</b> President of the Nursing School National and Kapodistrian University of Athens

Keynote speech:  
Childhood e-smoking:  
a health crisis unfolding

**Panagiotis Behrakis**  
Honorary President of the 9th European Conference on Tobacco Control

### ENSP Awards Ceremony



**20:45-22:00: Welcome Reception**



**Venue:** Amphitheater "Alkis Argyriadis" - National and Kapodistrian University of Athens

## Session 1:

**9:00-10:30:** Breaking down silos; using the UN treaty to end plastic pollution and human rights mechanisms to accelerate progress towards a Tobacco free Europe.

**Chairs:** Laurent Huber and Danielle van Kalmthout

### Introduction and welcome

A Human Rights based approach to advance endgame, Human Rights impacted by tobacco, right to healthy environment and human rights litigation

**Kelsey Romeo Stuppy  
(Recorded presentation)**

Swiss case study, presentation of Swiss Report: Human Rights Violations by Tobacco Multinationals in Switzerland and Around the World

**Pascal Diethelm**

Moderated discussion

An environmental based approach to advance endgame: The UN Treaty to end Plastic Pollution, EU Mandatory environmental and human rights due diligence and Aarhus convention

**Danielle van Kalmthout**

FCTC COP 10 Art 18 Decision and actions you can take to encourage your government to consider tobacco during plastic treaty negotiations

**Laurent Huber**

Single use vaping device ban in France, a combined health and environmental approach.

**Amélie Eschenbrenner**

Moderated discussion

### Conclusions

**10:30-11:00:** Networking Coffee break

## Session 2:

**11:00-12:30:** Building a Tobacco-Free Generation: From Policy to Practice

**Chairs:** Elif Dagli & Pierre Bizel

Tobacco control efforts during the ongoing war: Ukraine policy case study.

**Andrii Skipalskyi**  
World Health Organization, Country Office in Ukraine

Why is tobacco consumption increasing in Turkey?

**Dagli Elif and Murat Guner Turkey**

Age control – the fundament for introducing a smoke-free generation

**Kjaer Niels Them -Denmark**

Tobacco Control Policy in The Netherlands: A Success Story Under Threat

**Marc Willemsen - The Netherlands**

How Slovenia Banned Flavours in E-Cigarettes with the Support of Foreign NGOs

**Mihaela Lovše - Slovenia**

Swedish Tobacco Policy - Key learnings to decrease smoking

**Lisa Klefbom - Sweden**

### Discussions

**12:30-13:30:** Light lunch

## Session 3:

**13:30-15:00:** From Dependence to Freedom: Best Practices in smoking cessation

**Chairs:** Paraskevi Katsaounou & Sofia Ravara

Third hand smoking. How can we trace it?

**Nikolaos Thomaidis**

Impact of smoking and environmental factors on cardiorespiratory mortality in Greece.

**Garyfallos Konstantinoudis**

Smoking cessation in web

**Zoi Barmparessou**

Smoking cessation in diabetic patients

**Aliki Korkontzelou**

Smoking cessation and weight gain

**Vasileiou Vasiliki**

Smoking cessation in new tobacco products

**Paraskevi Katsaounou**

National tobacco dependence treatment training curricula for acute inpatient hospitals

**Sophia Papadakis**

Development of an AI behavior change app

**Emma Croghan-Cox**

### Discussions

## Session 4:

**15:00-16:00:** Future of tobacco control policy in Europe: towards a nicotine-free generation?

**Chairs:** Filippos Filippidis & Polina Starchenko

Tobacco21 policy in Ireland	<b>Des Cox</b>
Smoke free generation legislation in the United Kingdom	<b>Anthony Laverty</b>
Novel tobacco products, poly-use of tobacco and implications for policy	<b>Daniel Chen</b>
European Commission initiatives	<b>Brian Ward</b>

### Discussions

**16:00-16:30:** Networking Coffee break

## Session 5:

**16:30-18:00:** Tobacco Industry tactics. The elephant in the room

**Chairs:** Pierre Bizel & Danielle van Kalmthout

Tobacco industry and e cigarette	<b>Florin Mihaltan</b>
Extended Producer Responsibility (EPR) and the Tobacco Industry: An Inherent Contradiction	<b>Danielle van Kalmthout &amp; Amélie Eschenbrenner</b>
Smoke and Mirrors: Raising Awareness on Tobacco Industry Interference	<b>Francesco D'Apolito</b>
Tobacco Industry and Harm Reduction ... an Inherent Contradiction	<b>Pascal Diethelm</b>
#SponsoredByBigTobacco: How the Tobacco Industry and Big Tech are Addicting Youth	<b>Elissa Laitin</b>
The Swiss wolf is still in sheep's clothing: the tobacco industry use of philanthropy in Switzerland	<b>Hugo Molineaux</b>
The UK Tobacco Industry Interference Index 2023: lessons, challenges and ways forward	<b>Karin Silver</b>

### Discussions

## Session 6:

**18:00-19:30:** Empowering a Tobacco-Free Generation: Youth-Centered Approaches

**Chairs:** Krzysztof Przewozniak & Christos Panopoulos

Investigating the effectiveness of a locus of control-based smoking reduction program designed for secondary school students	<b>Yasemin Selekoğlu Ok</b>
Smoking and vaping: the behavior of Flemish youth and young adults scrutinized	<b>Veerle Maes</b>
What's the problem with Nicotine pouches?	<b>Niclas Malmberg</b>
Exposure to tobacco advertising, promotion and sponsorship (TAPS) among Polish schoolchildren: Findings from the Global Youth Tobacco Survey, Poland 1999-2022	<b>Krzysztof Przewozniak</b>
Paid employment for 20-year-olds as a risk factor for smoking and e-cigarette use"	<b>Joan Hanafin</b>
Collaboration between medical students' associations and tobacco control organizations: literature review and Focus Group Discussion-TFAC 2023	<b>Darius Lotrean</b>
NIKO Study - A Collaborative Project of the Medical Research Agency on New Nicotine Products in Poland – study protocol	<b>Ewelina Chawłowska</b>
NIKO Study - A Collaborative Project of the Medical Research Agency on New Nicotine Products in Poland – preliminary results of the IDI survey	<b>Anna Tyranska-Fobke, Agata Konieczna</b>

### Discussions





## Parallel activities:

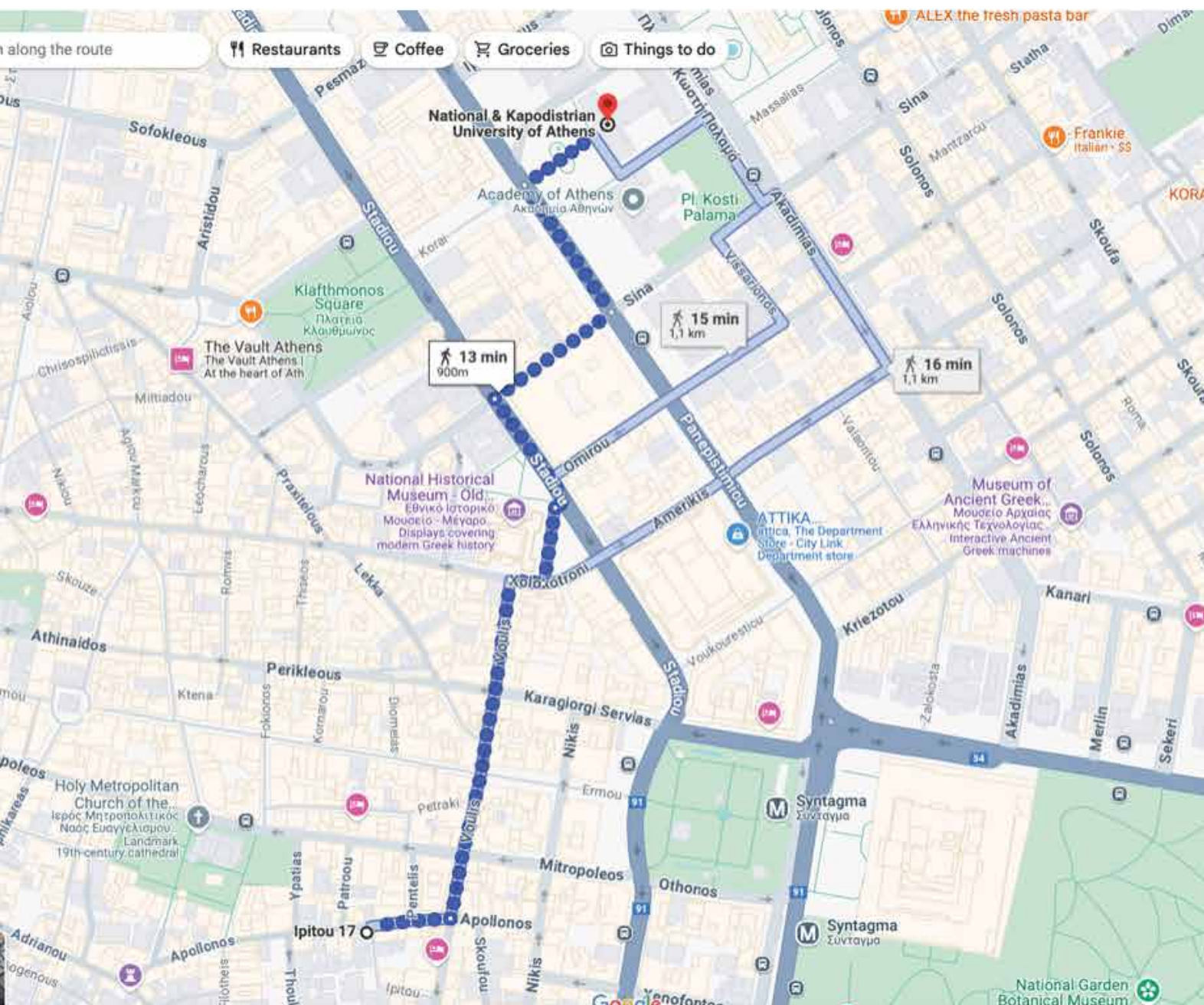
**Venue:** ACG Plaka Building (17b Ipitou Street, Plaka, Athens)

**9:00 - 13:00**

European Respiratory Society Tobacco Control Committee Meeting  
(closed meeting)

**17:00 - 19:00**

Experimental Workshop: Work related Stress, Smoking, and Healthcare  
Professionals: When the team heals... the healer" (pre- registration)



Venues: Amphitheater "Alkis Argyriadis" at National and Kapodistrian University of Athens and  
ACG Plaka Building (17b Ipitou Street, Plaka, Athens)

## Session 7:

**9:00-11:00:**

Greece: the path towards  
achieving the European  
Goal for a tobacco use  
prevalence of less than 5%  
by 2040

**9:00-11:00:**

ENSP General Assembly  
(closed meeting)

**Venue:** Amphitheater "Alkis Argyriadis"

**Chairs:** Christos Hadjichristodoulou  
& Pagona Lagiou

The NPHO national  
cross-sectional study  
on smoking in adults,  
Greece, 2023

**Angeliki  
Lambrou**

Greek Ministry of Health

**(TBC)**

Hellenic Thoracic Society

**Paraskevi  
Katsaounou**

Hellenic Pediatric Society

**Nikolaos  
Voudouris**

Hellenic Cancer Society

**Eleana Stoufi**

Hellenic Nurses Association

**Tzanis  
Polykandriotis**

Athens Medical Association

**(TBC)**

Hellenic Society of Cardiology

**(TBC)**

Hellenic Psychiatric  
Association

**(TBC)**

**Discussions**

**Venue:** ACG Plaka Building



**ENSP**

European Network  
for Smoking and Tobacco Prevention

**11:00-11:30:** Networking Coffee break

## Session 8:

**11:30-13:30:** Navigating Policy Challenges in Tobacco Control: Successes and Setbacks

**Venue:** Amphitheater "Alkis Argyriadis"

**Chairs:** Athanasia Liozidou & Sophia Xesfingi

Impacts of tobacco tax increases on tax revenues and public health in Serbia - a simulation model

**Olivera Jovanović**

Visualizing traceability data of tobacco products

**Björn Klang**

Implementing traceability of tobacco products – challenges and lessons learned

**Saffa Efazat**

Squeezing tobacco outlet density, a trend analysis 2002-2019

**Veronica Martin-Gall**

Smoking at the beach: a new frontier of tobacco control advocacy

**Maria Sofia Cattaruzza**

A bundle of Initiatives Towards Tobacco Free Internal Environment

**Ahmed Ahmed Elnagib Abdelrahim Ahmed**

What role do outdoor smoke-free environments and signposting play in smoking behaviour and compliance?

**Nikita Stobbe-Poole**

Understanding smokers' compliance with smoke-free outdoor environments: A realist review

**Sophie J.A Jooren.**

## Session 9:

**11:30-13:30:** European epidemiological data on tobacco use and tobacco control

**Venue:** ACG Plaka Building

**Chairs:** Enkeleint A Mechili & Charis Girvalaki

Changes in the tobacco use and other substances of young students in Albania during the COVID-19 pandemic

**Aggelos Enkeleint Mechili**

Are smoking effects on health the same for all smokers?

**Boban Nedeljković**

The prevalence of hookah smokers among children and adolescents aged 12 - 16 in Belarus.

**Tanya Pronina**

Medical Students' Tobacco Consumption Status and Experiences with Smoke-Free Law Violations in Enclosed Spaces in Türkiye and Northern Cyprus.

**Dilek Aslan**

Perinatal Smoking and Sleep Disorders in Neonatal Age: A Systematic Review

**Maria Vlachou**

Trends in smoking initiation: sex and regional differences: a repeat cross-sectional study in the European Union between 1940 and 2019

**Ayaka Teshima**

Example of Tobacco and Related Products Prevention Actions for Youth Aged 11 to 24 Years in French-Speaking Belgium

**Astrid Bovesse and Camille Orfiniak**

A new born in tobacco control: OXY Belgium

**Pierre Bizel**

## Discussions

**13:30-15:00:** Light lunch

## Session 10:

**15:00-17:00:** Breaking free: innovative approaches to smoking cessation- SNF

**Venue:** Amphitheater "Alkis Argyriadis"

**Chairs:** Evmorfia Koukia & Athina Kalokairinou

Effectiveness of Varenicline versus Nicotine Replacement Therapy in Smoking Cessation: A Systematic Review

**Altalhi Ibtihal**

Educational program for nursing professionals of general and psychiatric hospitals in smoking cessation techniques

**Evmorfia Koukia Polyxeni Mangoulia**

Loneliness and the possible relationship between smoking and low mood development

**Teresa Bonarrio**

The Road Ahead: Improving Smoking Cessation Outcomes for Roma Women

**Maria Tzeli**

Trends and Gender Differences 2019-2024 in Use of Alternative Smoking Products (excluding e-cigarettes) by teenagers in Ireland

**Joan Hanafin**

Exposure to and correlations between parental smoking at home and in the car and on nicotine initiation among Polish Youth - a 2017-2019 SOPKARD-Junior Study

**Katarzyna Michta**

## Discussions

**15:30-17:00:** Emerging issues on Tobacco Control Policy and Advocacy

**Venue:** ACG Plaka Building

**Chairs:** Karina Mocanu & Darius Lotrean

Smoking Legislation in Romania: Impact and Challenges

**Ionela-Roxana Alexandrescu**

Is seeing cigarettes in the retail environment associated with impulse purchases? Findings from surveys in disadvantaged and non-disadvantaged neighbourhoods in the Netherlands.

**Nikita Stobbe-Poole**



Medical students' opinions on brief tobacco cessation training: a cross-sectional study

**Sofia Ravara**

Improving self-care routines of people with diabetes, including tobacco cessation, through collaborative effort and practice suggestions

**Fatjona Kamberi**

Assessing the usability of a Willingness to Quit smoking questionnaire in a sample of active tobacco smokers: A qualitative study

**Charles Opoku-Amoateng**

Shall we play game of smoking cessation? (Adapting the pick klop game to Turkish)"

**Remziye Can**

Quitlines in Europe: overview and developing a network

**Neuman Ludmilla (Milly)**

Lessons learnt from a community based participatory research project developing a smoking cessation app in socio-economically disadvantaged areas

**Sebastian Nykvist**

**Discussions**

Monitoring of tobacco products and flavor accessories in outlets in the Netherlands

**Eefje Willemse**

The Green Crescent Model: Addressing Tobacco Addiction and Supporting Sustainable Health, Agriculture, and Pollution Reduction

**Merve Tamer**

Automation of time series analysis of Google Trends Data in R Studio using Autonomous AI Agents

**Darius Lotrean**

Environmental Exposure to Tobacco Smoke and the Onset of Respiratory Infections in Neonatal, Infant, and Childhood Stages: A Systematic Review

**Maria Vlachou**

**Discussions**

**15:00-17:00** EUREST RISE Project (closed meeting for project partners)

**Venue: Mikras Asias 75, Goudi 11527**

Building 12, Hygiene, Epidemiology and Medical Statistics



## Session 12:

**17:00-18:00:**

The impact of smoking and HTP devices in health

**Venue:** Amphitheater "Alkis Argyriadis"

**Chairs:** Pantelis Skarlos & Michalis Nikolaou

Attitudes and perceptions survey regarding tobacco smoking and risk of seasonal flu, SARS-CoV-2 infection, and community-acquired pneumonia (CAP) among healthcare workers (HCWs)

**Tsikrika Stamatoula**

"Secondhand smoke exposure in public outdoor spaces in the Netherlands: the stronger the smell, the more exposure to nicotine.

**Jeroen Bommelé**

Predicting absolute risk of lung cancer risk using clinical risk factors and polygenic risk scores

**George Busby**

Mainstream emissions of herbal (tea) sticks used in HTP devices

**Zervas Efthimios**

Parental smoking and congenital heart defects: An update on evidence and current trends.

**Petsios Konstantinos**

**Discussions**

## Session 13:

**17:00-18:00:**

Smoking, vaping and oral health

**Venue:** ACG Plaka Building

**Chairs:** Eleana Stoufi & Ioannis Tzoutzas

Impact of Opioid Vaping on Oral Health

**George Vassilopoulos**

The impact of e-cigarettes on oral health

**Fanouria Papaioannou**

Smoking: Unveiling the Oral Health Risks

**Irene Anthopoulou,**

The role of oral health professionals in tobacco uses prevention and tobacco cessation"

**Maria Menenakou,**

Indoor air quality in dental offices and premises. The negative impact of chemical substances, invasive and smoking plumes

**Tzoutzas Ioannis**

**Discussions**

**18:30-19:00:** ECTC Closing ceremony - Athens declaration

# DAY 4: 25 October 2024

**Informal social / networking event for those interested and still in Athens!**



